Leh Ladakh Backpacking Tour

Leh - Nubra - Pangong Tso - Leh

Tour PackagesCustomised

Tour Basics •

Duration: 5 Days 4 Nights	**Route:** Leh - Nubra - Pangong Tso - Leh

Leh — 5D 4N

About This Trip •

Experience the magic of the Himalayas with this adventurous and budget-friendly Leh Ladakh Backpacking Tour, designed for travellers who love exploring rugged landscapes, rich culture, and high-altitude beauty. With 3 nights in Leh and 1 night in Nubra Valley, this tour perfectly balances acclimatisation, sightseeing, adventure, and exploration, ideal for solo travellers, friends, and backpacker communities.

Why Choose the Leh Ladakh Backpacking Tour?

? Perfect for budget travellers & backpackers
? Covers major attractions of Leh, Nubra, and nearby monasteries
? Balanced itinerary with enough time to adjust to the altitude
? Small groups, fun experiences, and adventure vibes
? Affordable, safe, and well-planned for young travellers

Tour Overview

Duration: 4 Nights / 5 Days

Stay: 3N Leh • 1N Nubra Valley

Tour Type: Backpacking / Group Tour

Ideal For: Students, solo travellers, couples, photography lovers, budget groups

3 Nights in Leh – Explore Culture, Views & Monasteries

Your backpacking adventure starts in Leh, the heart of Ladakh. With three nights here, you get enough time to acclimatise properly and explore the best of Leh and its surroundings.

Top Places to Visit in Leh

- Shanti Stupa – Best sunset view in town
- Leh Palace – 17th-century royal architecture
- Sangam (Indus–Zanskar River Confluence)
- Magnetic Hill
- Pathar Sahib Gurudwara
- Hall of Fame
- Leh Market for souvenirs, cafés & local food

Things to Do in Leh

- Café hopping
- Shopping for Tibetan jewellery & handicrafts
- Sunset photography

- Monastery visits
- Try local dishes like thukpa, momos & butter tea

Three nights in Leh ensure you are well-rested before you travel deeper into Ladakh's high-altitude regions.

1 Night in Nubra Valley – Desert in the Himalayas

After Leh, travel through the iconic Khardung La Pass, one of the highest motorable passes in the world, to reach the beautiful Nubra Valley.

Highlights of Nubra Valley

- Diskit Monastery & Maitreya Buddha Statue
- Hunder Sand Dunes
- Bactrian Camel Ride
- Shyok River Valley Views

The stay in Nubra Valley is peaceful, scenic, and full of adventure. It gives backpackers the perfect mix of nature and fun activities.

Back to Leh – Final Day for Chill Time

Return to Leh for your final night (if included in the itinerary), and spend time shopping, café hopping, or visiting viewpoints. Many backpackers enjoy exploring:

- Changspa Road cafés
- Local rooftop restaurants

- Tibetan markets

Best Time for Leh Ladakh Backpacking

May to September is the ideal season for backpackers, due to open roads, stable weather, and accessible high-altitude locations.

Why Backpackers Love This Tour

- Budget-friendly
- Group vibes & new friendships
- Adventure + culture
- Stunning landscapes
- Perfect for beginners and first-time Ladakh travellers

Stay Categories & Options •

Basic	Persons: 2	INR 18,999.00	~~INR 20,999.00~~	Save INR 2,000.00
Basic	Persons: 3	INR 17,999.00	~~INR 19,999.00~~	Save INR 2,000.00
Basic	Persons: 4	INR 16,999.00	~~INR 18,999.00~~	Save INR 2,000.00

Itinerary •

Day 1: Arrival in Leh | Dist: 10 km to 12 km | Altitude: 3300 m to 2600 m

- Pick up from Leh Airport
- Check into the hotel and rest for acclimatisation
- Spend the evening at leisure, with an optional visit to Leh Market or Shanti Stupa.

Meals: Dinner

Night: Stay at the hotel in Leh

Day 2: Leh Sightseeing | Dist: 70 km to 90 km | Altitude: 3300 m to 2600 m

- Start with visits to the Hall of Fame, Magnetic Hill, and Gurudwara Pathar Sahib.
- Afterwards, visit Sangam Point, the spectacular confluence of the Zanskar and Indus Rivers.

Meals: Breakfast and Dinner

Night: Stay at the hotel in Leh

Day 3: Leh to Nubra Valley (via Khardung La) | Dist: 160 km | Altitude: 3500 m to 4250 m

- Journey to Nubra Valley by crossing Khardung La Pass, famed for being one of the highest motorable roads in the world.
- Explore Diskit Monastery and savour the views, and optionally experience a camel ride in the Hunder Sand Dunes.

Meals: Breakfast and Dinner

Night: Stay at the camps in Hunder

Day 4: Nubra to Pangong Tso to Leh | Dist: 490 km | Altitude: 4250 m to 3300 m

- Early morning journey to Pangong Lake along the Shyok River route, known for its stunning landscapes.
- Enjoy the scenic beauty of Pangong Tso.
- Return to Leh in the evening.

Meals: Breakfast and Dinner

Night: Stay at the hotel in Leh

Day 5: Departure from Leh | Morning 10:00 am

- Proceed to Leh Airport for your flight home.
- The trip ends with beautiful memories.

Meals: Breakfast

Night: Nil

Inclusions •

Meals as per the itinerary.

Stay on dual/triple sharing.

Vehicle for sightseeing & excursions as per the itinerary.

Pick-up and drop-off services from the Leh Airport.

Entire travel from Leh to Leh by Cab.

Driver Charges, Toll Tax, Parking Charges, etc.

Inner Line Permits (ILPs) for visiting restricted areas.

Ladakh environment fee and applicable taxes.

Oxygen cylinder.

Exclusions •

Room Heater cost and Bonfire.

GST 5%.

Fees for any adventure activity.

Dedicated Tour Guide.

Any entrance fee to the monastery and monuments.

Any kind of personal expenses.

Any additional use of vehicles beyond the planned itinerary will incur extra charges.

Any kind of drink (alcoholic, mineral water, aerated).

In the Ladakh region, AC will not be operational in the cab.

Additional costs due to itinerary or stay changes caused by flight cancellations, bad weather, health issues, roadblocks, or other uncontrollable factors.

Anything not mentioned under the head.

FAQs •

Q: What is a Leh Ladakh Backpacking Tour?

A:

A Leh Ladakh Backpacking Tour is a budget-friendly travel experience designed for explorers who want to enjoy Ladakh's stunning landscapes, monasteries, high-altitude lakes, and culture while staying in hostels or shared accommodations. It's perfect for solo travellers, groups, and adventure enthusiasts.

Q: What is the ideal duration for a Leh Ladakh Backpacking Trip?

A:

Typically, a backpacking tour lasts **5 to 7 days**, covering Leh, Nubra Valley, Pangong, and nearby attractions. Some itineraries extend to **8–10 days** if you include Turtuk, Hanle, or Tso Moriri.

Q: What is the best time to do a Leh Ladakh Backpacking Tour?

A:

The best time is **May to September**, when the roads to Nubra Valley, Pangong Lake, and Tso Moriri are fully open, and the weather is pleasant for backpacking.

Q: What kind of accommodation is provided?

A:

Backpacking tours usually offer **hostels, homestays, or guesthouses** on a sharing basis. These stays are clean, comfortable, and ideal for meeting fellow travellers.

Q: What is included in a Leh Ladakh Backpacking Tour package?

A:

Most packages include **accommodation, transportation (tempo traveller or SUV), permits, breakfast & dinner, sightseeing**, and trip coordination. Inclusions vary depending on the operator.

Q: Is Leh Ladakh safe for solo travellers?

A:

Yes, Ladakh is one of the safest places for solo and group travellers. Locals are warm and helpful, and backpacking groups often include travellers from across India.

Q: Will there be network connectivity?

A:

Only **postpaid SIM cards** work in Ladakh. BSNL/MTNL has the widest coverage, while Jio postpaid works at many places. Remote areas like Pangong and Tso Moriri may have weak or no network.

Get in Touch •

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