Dharamshala Triund Package

Delhi - Dharamshala - McLeod Ganj - Triund - Delhi

Tour PackagesCustomised

Tour Basics •

Duration: 5 Days 4 Nights	**Route:** Delhi - Dharamshala - McLeod Ganj - Triund - Delhi

Delhi — 5D 4N

About This Trip •

This 5-day journey from Delhi to Dharamshala and Triund is a perfect blend of cultural exploration, scenic beauty, and Himalayan adventure. The trip begins with a late evening departure from Delhi, covering approximately 472 km in 9 to 10 hours by Volvo bus or private cab, with travellers arriving in Dharamshala the next morning to the refreshing air and peaceful mountain surroundings. After hotel check-in and some rest, the afternoon is spent exploring the local attractions of Dharamshala, including Mall Road, the serene Dalai Lama Temple, the historic St. John in the Wilderness Church, Bhagsu Waterfall, Dal Lake, Naddi Hills, and the vibrant Tibetan Market, offering a mix of spiritual experiences and picturesque views. The following day marks the beginning of the 7 km Triund Trek, which starts from Dharamkot or Bhagsu and takes about 3 to 5 hours to complete. Along the trek, you'll enjoy stunning vistas of the Dhauladhar mountains and Kangra Valley, as the path meanders through green forests and rocky terrain. Upon reaching the Triund Campsite, trekkers settle into tents or simple lodges and are rewarded with Spectacular views and a tranquil atmosphere, making it perfect for stargazing and unwinding. The next morning begins with a magical sunrise over the Himalayas, followed by breakfast at the campsite. Afterwards, the group begins their descent back to Bhagsu or Dharamkot, a relatively straightforward trek of around 2 to 3 hours, allowing more time to soak in the natural surroundings. From there, the return journey to Delhi begins in the evening, again via an overnight Volvo bus or cab ride. The final morning sees the travellers returning to Delhi, carrying lasting memories of a trip that seamlessly combined cultural richness, natural tranquillity, and outdoor adventure. This itinerary offers an ideal escape from the fast-paced city life, allowing participants to reconnect with nature, explore Tibetan culture, and experience the thrill of trekking in the Himalayas, all within a short, well-organised trip. Whether it's the spiritual aura of Dharamshala, the excitement of climbing to Triund, or the quiet beauty of a Himalayan sunrise, every part of this journey leaves a deep impression, making it a rejuvenating

and memorable experience for anyone seeking a short yet fulfilling mountain getaway.

Things to Do in the Dharamshala Triund Package

1. Discover McLeod Ganj’s Vibrant Life

This bustling area, McLeod Ganj, is famous for its deep-rooted Tibetan traditions and culture. Stroll along lively lanes filled with cosy cafés, quaint bookstores, and vibrant handicraft stalls. You’ll find monks, travellers, and artists sharing the same space, making it a unique spot for cultural exchange, relaxation, and exploration in the lap of the Himalayas.

2. Visit Bhagsu Waterfall & Shiva Temple

Take a refreshing walk to Bhagsu Waterfall, where the cool stream creates a scenic backdrop. Just a short walk away, you’ll find Bhagsunag Temple, an old and revered place of worship for Lord Shiva devotees. Known for its peaceful surroundings, this spot is a favourite with tourists looking to relax and soak in nature’s tranquillity.

3. Dalai Lama Temple Complex

The Dalai Lama Temple Complex is a peaceful place where visitors can witness monks chanting, spinning prayer wheels, and practising meditation. It’s a spiritual space where people come for reflection, prayer, or to experience the calming atmosphere of Tibetan Buddhist traditions in a serene Himalayan environment.

4. Explore St. John in the Wilderness Church

Hidden among towering cedar trees, St. John in the Wilderness is a beautiful 19th-century church. Its gothic architecture and stained-glass windows create an old-world charm. This quiet spot offers a welcome respite from city life, allowing you to enjoy both history and the forest's peaceful sounds.

5. Take in the Views from Naddi Village

Naddi Village offers stunning panoramic views of the Dhauladhar mountains. It’s a tranquil place where you can sip tea at a small café while watching the clouds roll over the peaks. Sunsets here are stunning, drawing nature lovers and photographers seeking a perfect mountain landscape.

6. Relax by Dal Lake

Dal Lake, surrounded by pine trees and gentle hills, is a small but scenic lake in Dharamshala.

Locals often visit for religious rituals, while tourists come to relax by its calm waters. It's an ideal spot to sit quietly, enjoy the fresh air, and escape the town's bustle.

7. Shop for Tibetan Handicrafts

Dharamshala's local markets are filled with unique finds, such as Tibetan prayer flags, woollen scarves, and handmade jewellery. Strolling through the Tibetan Market or Mall Road lets you discover souvenirs that capture the essence of the region while supporting local artisans and craftspeople.

8. Taste Himachali and Tibetan Cuisine

The food scene in Dharamshala offers a delightful blend of Tibetan cuisine and traditional Himachali home-style cooking. Try local favourites like momos, thukpa, and siddu. The town's cafés and eateries serve warm meals that are perfect for chilly mountain evenings, offering both comfort food and authentic regional dishes that reflect the area's culture.

9. Go on Adventure Treks

Dharamshala is a starting point for scenic treks, such as the famous Triund trail. Adventure enthusiasts can enjoy hiking through forests and ridges, with mountain views all along the way. For more thrills, head to nearby Bir Billing for paragliding, one of the best flying spots in the world.

10. Join Meditation and Yoga Retreats

Many visitors come to Dharamshala for its serene environment, which is ideal for yoga and meditation. Attend a wellness retreat or daily session at one of the local centres. These experiences help you relax, find inner balance, and learn mindfulness practices, all surrounded by the natural beauty of the mountains.

11. Visit the Tibetan Museum

Visit the Tibetan Museum near the Dalai Lama Temple to explore stories of Tibet's fight for freedom. The museum shares powerful stories through photos, videos, and exhibits. It gives insight into Tibetan history, the exile community in Dharamshala, and the ongoing effort to preserve Tibetan identity and culture.

12. Take Cultural Classes

Try cultural workshops to learn something new. Join a cooking class to make Tibetan dumplings,

attend a painting session, or learn traditional crafts. These hands-on activities provide a deeper connection to Dharamshala’s culture, offering meaningful memories that extend beyond mere sightseeing.

13. Trek the Scenic Trails

Begin your journey from Dharamkot or Bhagsu and trek through lush forests filled with pine, oak, and rhododendron. The 7-kilometre trail offers panoramic views of the Dhauladhar range and Kangra valley, making the trek both refreshing and rewarding for adventure seekers and nature lovers.

14. Relax at Magic View Café

Midway through the trek, stop at the Magic View Café, a famous resting point. Sip hot tea, enjoy Maggi noodles, and soak in stunning mountain vistas. This quaint spot lets you relax, re-energise, and interact with fellow trekkers while appreciating the serenity of the Himalayan landscape.

15. Capture Stunning Photos

Triund is a photographer’s paradise. Whether you're an amateur or a professional, the stunning views of snow-covered peaks, rolling meadows, and colourful skies provide endless photo opportunities. Don’t forget to capture the sunrise, sunset, and the sprawling Himalayan ranges to preserve your trekking memories.

16. Camp Overnight at Triund

Enjoy the unforgettable experience of sleeping beneath a starlit sky at Triund. Tents are available on the ridge, where you can unwind after the trek. Enjoy the crisp mountain air, relax by a bonfire (optional), and sleep amidst nature for a true Himalayan adventure.

17. Watch the Majestic Sunset

Sunsets at Triund are unforgettable. As the sun set, the sky transformed into a beautiful array of hues, ranging from orange to pink and purple. Witness the Dhauladhar ranges glowing under the evening light, creating a mesmerising moment that leaves trekkers with lasting memories of their journey.

18. Enjoy the Sunrise Views

Wake up early to catch the sunrise from Triund hilltop. Watch the morning sun cast a warm golden glow over the snow-covered peaks. The peaceful morning atmosphere is perfect for reflection, photography, and starting your day with a sense of calm.

19. Taste Local Food at Tea Stalls

Once you're back near Dharamkot or Bhagsu, stop at small tea stalls or cafes. Try local treats like momos, thukpa, and tea. These simple meals taste even better after a trek, providing a satisfying conclusion to your mountain adventure.

20. Practice Yoga or Meditation

With its peaceful atmosphere and scenic backdrop, Triund is an ideal place for yoga or meditation. Spend some time practising deep breathing or light stretches at sunrise. It helps you connect with nature, relax your body after the trek, and refresh your mind.

21. Stargaze Under the Clear Sky

At night, the sky at Triund transforms into a natural planetarium. With little to no light pollution, you'll be able to see countless stars and even the Milky Way. Lie back, identify constellations, and enjoy the beauty of the night sky in this peaceful mountain setting.

22. Trek Back to Bhagsu or Dharamkot

After breakfast, begin your descent from Triund. The downward trek is easier and allows you to enjoy the views more leisurely. Listen to birds, breathe in the mountain air, and stop occasionally to take in the valley scenery on your return journey.

Stay Categories & Options •

Basic	Persons: 2	INR 9,499.00	~~INR 11,499.00~~	Save INR 2,000.00
Basic	Persons: 3	INR 8,499.00	~~INR 10,499.00~~	Save INR 2,000.00
Basic	Persons: 4	INR 8,499.00	~~INR 10,499.00~~	Save INR 2,000.00
Basic	Persons: 6	INR 8,499.00	~~INR 10,499.00~~	Save INR 2,000.00

Itinerary •

Day 1: Delhi to Dharamshala | Distance: 472 km | 09-10 hours by vehicle

- Pickup from Delhi will be scheduled in the late evening.
- The journey to Dharamshala will take around 9 to 10 hours.
- Travel will be by cab or Volvo bus.
- Arrival in Dharamshala will be the next day.
- Once you arrive, you can start exploring Dharamshala.

Meals: Nil

Night: Journey by Volvo Bus or Cab

Day 2: Reaching Dharamshala | Arrival Time: 8:00 am | Check-In time: 11:00 am

- Arrive in Dharamshala in the morning and proceed to the hotel for check-in.
- In the afternoon, start a local sightseeing tour by cab.
- Visit popular spots such as Mall Road, the Dalai Lama Temple, St. John in the Wilderness Church, Bhagsu Waterfall, Naddi Hills, the Tibetan Market, and Dal Lake.
- Head back to the hotel after the tour to relax and unwind.

Meals: Dinner

Night: Stay at the Hotel near Dharamshala

Day 3: Triund Trek | Trek Dist: 7 km | Time : 3 to 5 hrs

- Prepare for the Triund Trek, a highlight of your trip.
- The adventure begins at Dharamkot or Bhagsu, where you'll connect with your trekking guide.
- After reaching the Triund Campsite, settle into your tent or lodge accommodation.

- Take in the breathtaking views of the Dhauladhar mountain ranges from the campsite.

Meals: Breakfast and Dinner

Night: Stay at the Lodge/Camps in Triund

Day 4: Triund to Bhagsu/Dharamkot and Depart | Trek Dist: 07 km | Time: 02 to 03 hrs

- Witness a beautiful sunrise at the Triund Campsite, surrounded by the Dhauladhar Ranges.
- Enjoy breakfast at the campsite.
- After breakfast, begin trekking down towards Bhagsu or Dharamkot.
- From there, travel back to Delhi by cab or Volvo bus.

Meals: Breakfast

Night: Overnight journey by Volvo Bus or Cab

Day 5: Reaching Delhi | Distance: 472 km | 9-10 hours by vehicle

- Arrive in Delhi early in the morning, completing your journey.
- Carry with you fond memories and a spirit of adventure from the trip.
- Reflect on the scenic landscapes and unique experiences you encountered.
- Prepare for the next chapter of your travels, refreshed and inspired.

Meals: NA

Night: NA

Inclusions •

Meals as mentioned in the Itinerary.

Triund Trek.

Guide for Trek.

Accommodation is on a double, triple-sharing basis as per the package.

Vehicle for sightseeing & excursions as per our itinerary.

All toll taxes, parking charges, and driver allowances.

Necessary Permits.

Local Sightseeing.

Exclusions •

Room Heater cost, and Bonfire.

GST 5%.

Fees for any adventure activity.

Dedicated Tour Guide.

Any entrance fee to the monastery and monuments.

Any kind of personal expenses.

Any additional use of vehicles beyond the planned itinerary will incur extra charges.

Any kind of drink (alcoholic, mineral water, aerated).

Heater Charges.

Additional costs due to itinerary or stay changes caused by flight cancellations, bad weather, health issues, roadblocks, or other uncontrollable factors.

Anything not mentioned under the head.

FAQs •

Q: What is the weather like in Dharamshala and Triund?

A: Dharamshala enjoys pleasant weather year-round, while Triund is cooler with snow in the winter. For the best trekking experience, plan your visit between March and June or September and November.

Q: Can I go to Triund from Dharamshala by car?

A: No, cars cannot reach Triund. You can drive up to Dharamkot or Bhagsu village, then trek 6-7 km to Triund Hill.

Q: What is the Dharamshala to Triund distance?

A: Dharamshala to Triund covers nearly 9 km, with just 3 km drivable from McLeod Ganj to Gallu Temple; the rest requires trekking.

Q: How can I reach Dharamshala?

A: Dharamshala is accessible by road, air, and train. The nearest airport is Kangra Airport. Volvo buses from Delhi are popular, and taxis are available from nearby towns.

Q: How is the Dharamshala to Triund trek?

A: The trek is moderate and beginner-friendly. It takes about 3-5 hours, depending on pace, starting from Dharamkot or Bhagsu and ending at Triund Hill.

Q: Is the Dharamshala to Triund trek open now?

A: The trek is usually open from March to November. It might close during heavy snowfall, especially from December to February. Always check local weather updates.

Q: How do I travel from Delhi to Dharamshala and Triund?

A: Take a bus or taxi from Delhi to Dharamshala (472 km, 9-10 hours). Use local transport from Dharamshala to reach Dharamkot or Bhagsu, which are the starting points for the Triund trek.

Q: Are there Dharamshala-Triund trek packages?

A: Yes, various travel agencies offer Dharamshala to Triund trek packages. These typically include transportation, accommodation, meals, guides, and camping arrangements.

Q: What is the distance of the Triund Trek?

A: The Triund Trek is roughly 7 km from Dharamkot or Bhagsu, typically taking 3–5 hours to climb and 2–3 hours to descend.

Q: How far is McLeod Ganj from Triund?

A: McLeod Ganj is approximately 9 km away from Triund. You can trek from McLeod Ganj via Dharamkot or Gallu Devi Temple.

Q: Can I trek to Triund in December?

A: Yes, but trekking in December is challenging due to the snow and cold. Winter trekking here is recommended only for experienced individuals with the right cold-weather gear.

Q: What is the Dharamshala-McLeod Ganj-Triund itinerary?

A: The standard itinerary includes sightseeing in Dharamshala and McLeod Ganj on Day 1, followed by the Triund trek and camping on Day 2, and concluding with a return on Day 3.

Q: What are the heights of Dharamshala and Triund?

A: Dharamshala is at around 1,457 meters, while Triund is at 2,875 meters. The trek offers a significant altitude gain but is manageable for beginners.

Q: How can I go from Dharamshala to Triund by bus?

A: There is no direct bus to Triund. Buses and cabs are available from Dharamshala to McLeod Ganj or Dharamkot, where the trek begins.

Q: Are hotels available near Triund?

A: Triund has camping options, not hotels. For hotel stays, book in Dharamshala or McLeod Ganj. Camping at Triund offers tents with sleeping bags and basic meals.

Q: Can I do the Triund trek in one day?

A: Yes, you can finish the Triund trek within a single day if you prefer not to camp overnight. However, staying overnight allows you to enjoy stunning sunsets, starry nights, and a serene early sunrise.

Q: Are there ATM and mobile network facilities?

A: Dharamshala has ATMs and good mobile coverage. At Triund, mobile signals are limited or unavailable, so inform someone before trekking and carry cash from Dharamshala for convenience.

Q: Is it safe for solo travellers?

A: Yes, Dharamshala and Triund are safe for solo travellers. Locals are welcoming, and many solo backpackers visit regularly. Trek during daylight and stay connected where a mobile network is available.

Q: What is the best time to visit Dharamshala and Triund?

A: The ideal time is March to June and September to November, with pleasant weather and clear skies perfect for sightseeing, trekking, and outdoor activities.

Q: Is the Triund trek arduous?

A: The Triund trek is considered easy to moderate, making it ideal for beginners. It involves a 7 km hike, taking around 3 to 5 hours uphill, depending on fitness levels.

Q: Do I need a guide for the Triund trek?

A: A guide isn’t compulsory but is helpful for first-timers. Guides assist with navigation, ensure safety, and provide local insights, making the trek smoother and more enjoyable.

Q: Are there camping facilities at Triund?

A: Yes, camping is available at Triund. Local organisers arrange tents, sleeping gear, and meal services for campers. Camping overnight lets you experience beautiful sunsets, starry skies, and peaceful mornings.

Q: What is the altitude of Triund?

A: Triund is situated at an elevation of 2,850 meters above sea level. It provides stunning wide-angle views of the Dhauladhar mountains and Kangra Valley, attracting trekkers who seek scenic beauty and a peaceful escape in nature.

Q: What should I pack for the Dharamshala-Triund trip?

A: Carry warm clothes, trekking shoes, water, snacks, sunscreen, a flashlight, toiletries, and any necessary personal medications. Nights are cold, so pack accordingly. A power bank and ID proof are necessary.

Get in Touch •

WhatsApp: Chat Email: julley@thewanderyak.com Website: https://thewanderyak.com